

March 2026

	Mon	Tue	Wed	Thu	Fri		
1		2 10:30 AM- Book group with Kitty, Lydia, and friends, 10:30-11. Tom Barrett will join us from 11:00 to 11:30. 1:30 PM – Art with Finnie at ZP. 3 PM- Pilates with Cathy Chambers at ZP.	3 10:30 AM – Art with Sarah and Lydia at ZP. 1:15 PM - Pickle Ball with Sarah & Lydia at Zack’s Place. 3 PM- Yoga with Amanda at ZP.	4 9 AM- Leave ZP for skiing and snowboarding at S6 with Vermont Adaptive, 9:30-12:30 pm. RSVP 1:15 PM – Yoga with Dail at ZP. 3 PM- Singing with Kerry at ZP.	5 10:30 AM – Cooking with Sarah and Lydia at ZP. 1:30 PM- Leave ZP for the showing of the ZP Documentary screening at Briggs Opera House in WRJ, VT, 2:30 – 4:30. Pick up at Briggs Opera House at 4:30. RSVP	6 9:45 AM- Leave ZP for The WUHS for fun and games in the gym,10-11 AM. 1:15 PM- Leave ZP for Frates Family Farm Winter Carnival, 1:30-3 PM.	7
8 Int'l. Women's Day	9 10:30 AM- Book group with Bobbi and friends, 10:30-11. Tom Barrett will join us from 11:00 to 11:30. 12:45 PM – Leave ZP for Clay with Fiona, 1-2 PM. 3 PM- Science with Linda Galvao	10 9 AM- Leave ZP for Williamstown, MA, to go to the Clark Museum at Williams College. We will visit the museum and have a tour. Lunch to follow, bring your own. We will return to ZP by 4 PM. (Or close to 4) RSVP	11 9 AM- Leave ZP for skiing and snowboarding at S6 with Vermont Adaptive, 9:30-12:30 pm. RSVP 12 PM - Leave S6 for the St. Patty’s Day Dance at the American Legion in Windsor, VT, 12:30-2:30 PM 3 PM- Singing with Kerry at ZP.	12 10:30 AM – St. Patrick’s Day Arts and Crafts with Sarah and Lydia at ZP. 1:15 PM - Singing with Cooie at ZP. 3 PM- Pilates with Cathy Chambers at ZP.	13 10 AM- Leave for swimming at UVAC, 10:45 -11:45. Return to ZP by 12:30. 1:15 PM- Arts and crafts with Kiki at ZP. 3 PM- Mindfulness and movement with Kaylin at ZP.	14	
15	16 10:30 AM- Book group with Bobbi and friends, 10:30-11. Tom Barrett will join us from 11:00 to 11:30. 1:30 PM – Art with Finnie at ZP. 3 PM- Science with Linda Galvao	17 St Patrick's Day 10:15 AM - Leave ZP for bowling at Maple Lanes in Claremont, NH, from 11 to 1:30. 3 PM- Yoga with Amanda at ZP.	18 9 AM - Possibly skiing, depending on whether and if S6 is still open; if not, we will go to the Library, leaving at 10:15 AM. 1:30- Beach Ball Volleyball with Kitty at ZP. 3 PM- Singing with Kerry at ZP.	19 11 AM - Music and Immersion with Emerson 1:30 PM- Pickle Ball with Lydia and Betsy at ZP. 3 PM- Cornhole with Lydia and Betsy at ZP.	20 9:45 AM- Leave ZP for The WUHS for fun and games in the gym. 1:15 PM- Karaoke with Lydia and Kitty at ZP. 3 PM- BINGO with Lydia at ZP.	21	
22	23 10:30 AM- Book group with Bobbi and friends, 10:30-11:30. 12:45 PM – Leave ZP for Clay with Fiona, 1-2 PM. 3 PM- Science with Linda Galvao	24 9:45 AM – Leave ZP for a visit and possible program at the Montshire Museum, 10:30 -12. RSVP 1:30 PM - Fitness, Dance, and Movement with Angel Rubino. 3 PM- Singing with Bob Horan at ZP.	25 9:45 AM- Leave ZP for The WUHS for fun and games in the gym, 10-11. PM 1 PM- Make Granola, followed by yoga with Dail. 3 PM- Singing with Kerry at ZP.	26 10:15 AM - Leave ZP for bowling at Maple Lanes in Claremont, NH, from 11 to 1:30. 3 PM- Fun and games with Lydia and Betsy at ZP.	27 9:45 AM- Leave ZP for VINS for a visit and a program,11-11:30 “Raptors up Close.” RSVP 1:30 PM- Music and singing with Mark and Kathleen at ZP. 3 PM- Arts and crafts with Kiki at ZP.	28	
29	30 9:15 AM- Leave ZP for the Lebanon Opera House youth series to see “Kaki King & GLITCH: BUGS, 10-11 AM. RSVP 1 PM – Felting with Kaylin at ZP. 3 PM- Science with Linda Galvao.	31 10:15 AM – Walk to the Woodstock Library for reading and book browsing. 1:30 PM - Fitness, Dance, and Movement with Angel Rubino. 3 PM- Cornhole with Lydia and Betsy at ZP.					